HealthiestYou

Consults are free.

Access to high-quality healthcare—anytime, anywhere.

UnitedHealthcare Student Resources offers insured students and eligible dependents convenient access to U.S. board-certified doctors and mental health providers by web, phone, or app. And while the no-cost virtual visits don’t replace primary care physicians, they do provide a reliable resource to students whether at home, school, or traveling. With HealthiestYou, students can get treatment for a wide range of conditions, from the flu and infections to depression and anxiety.

How HealthiestYou works

Available services

**General Medical**
Students have 24/7 access to doctors who can diagnose and prescribe treatment by phone or video.

**Behavioral Health Care**
Students can speak with mental health providers such as psychiatrists, psychologists, and therapists when and where they are comfortable.

**Initiate**
Students register online or by app and fill out a short health summary questionnaire.

**Request a visit**
Students can request a General Medical visit right away or schedule one for later. For Behavioral Health Care, students select a provider and schedule a visit.

**Visit**
Students speak with the provider by phone or video.

**Ongoing support**
For Behavioral Health Care, students can schedule ongoing care from the same provider or request someone new.

LEARN MORE

Telehealth4students.com | StudentSales@uhcsr.com

About Teladoc Health

Teladoc Health is the global virtual care leader, helping millions of people resolve their healthcare needs with confidence. Together with our clients and partners, we are continually modernizing the healthcare experience and making high-quality healthcare a reality for more people and organizations around the world.

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